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Costa di Rovigo, (Vedi signature)

Dear families,

we are working to ensure the smooth start of the next school year in order to guarantee the attendance of all students in compliance with safety regulations. The preparatory work is constantly evolving as a result of successive legislative and ministerial provisions and because we are waiting to know with certainty the human, material and logistic resources available. Consequently, information to students and families on how to carry out school activities and on the rules to be respected will be gradually available from this week on. In the meantime, I would like to point out that the "Back to School" section ("Rientriamo a scuola") has been created on the website, which will be gradually implemented with the material produced by the Comprehensive Institute. In this section, you can already begin to read, together with your children, the "Information and training material for families and students" which contains useful information for the prevention of infection. To help families understand the complex situation of returning to school safely, the school has prepared a list of tasks "from the point of view of families".

Remember that the foundation of education is mirroring. For this reason, the first and most powerful educational act is example. If adults engage in inappropriate, challenging, disrespectful, derisive behaviors in front of children and young people, the result will not only be to increase the risk of infection, but also to raise irresponsible children. In the hope that the contagion will not recur with the initial virulence and that it will not affect our school, cautious and responsible behavior on the part of everyone is still needed and it is necessary to be ready for the changes that could occur during the year. A simple and foundational thing should be remembered: it is Healthcare, and not the school, that is competent in dealing with the infection and its evolution. However, it should be borne in mind that the present situation will probably not be the definitive one, destined to last the whole school year. The way to follow will be primarily educational; alongside the wisdom of doctors and researchers there is something more that is needed: the wisdom of citizens, the ethical and civil capacity to take responsibility, to respect one's own life and the life of others. Each of us is responsible for what we do and also for what we fail to do; for the language we use; for the purposes to which we direct our action. Security from infection does not only concern the institutions, but also the behavior of individual citizens and the educational action that families must carry out with their children.

TIPS FOR FAMILIES

HOW TO SAFELY PREPARE THE RETURN TO SCHOOL WITH YOUR CHILDREN



Check the temperature

Check your child every morning for signs of illness. If his/her temperature exceeds 37.5 degrees, he can't go to school.

Check that the child is well

Make sure he does not have a sore throat or other signs of illness, such as coughing, diarrhea, headache, vomiting or muscle pain. If he is not in good health, he cannot go to school.

No school if the child has had contact with positive cases

If he had contact with a COVID-19 case, he can't go to school. Please follow the Health Department's quarantine guidelines carefully.

Inform the school who to contact

If you haven't already done so, inform the school which people to contact in case your child doesn't feel well at school: Names, Surnames, phones or mobile phones, places of work, any further information useful to speed up the contact.

Attention to hygiene

At home, practice and make the correct handwashing techniques, especially before and after eating, sneezing, coughing, before adjusting the mask and explain to your child why it is important. Make it fun for children.

Get bottles with the name

Provide your child with a bottle of water identifiable by first and last name.



Teach the importance of routine

Develop daily routines before and after school, e.g. decide exactly what to put in the backpack for school in the morning (such as personal hand sanitizer and an extra mask) and what to do when coming back home (wash hands immediately, where to store the mask depending on whether it is disposable or washable; ...).

Talk to your child about precautions to be taken at school:

- Wash and disinfect hands more often.
- Keep physical distance from other students.
- Wear the mask.
- Avoid sharing objects with other students, including water bottles, devices, writing instruments, books...

Plan and organize your child's transportation to and from school:

- If your child uses public transport (train, bus, school transport), prepare him/her to always wear the mask and not to touch his/her face with his/her hands without first disinfecting them. If he is a little child, explain to him that he cannot put his hands in his mouth. Make sure that he understands the importance of following the rules on board.
- If he goes in the car with other schoolmates, accompanied by the parents of one of them, explain to him that he must always follow the rules: mask, distancing, hand cleaning.

Reinforce the concept of physical distancing, cleaning and use of the mask, always providing a good example.

Inform yourself about the rules adopted by the school.

- Check the school website and read all the information and communications from the school
- Evaluate the opportunity to download the IMMUNI APP to track, in compliance with privacy, any contacts with infected people



Keep a supply of masks at home so that you can change them whenever necessary.

Provide your child with a spare mask in the backpack, closed in a little bag. If you provide reusable masks, also provide a bag to store the used mask to bring home for washing.

If you use reusable cotton masks, they must:

- cover the nose and mouth and the beginning of the cheeks...
- be secured with laces around the ears
- have at least two layers of fabric
- allow respiration
- be washable with hand soap or in the washing machine and be ironed (steam at 90° is an excellent natural disinfectant without contraindications).

If you provide your child with fabric masks, make sure that they are recognisable and cannot be confused with those of other pupils.

Train your child to remove and put on the mask by only touching the laces.

Explain to your child that he might meet some classmates at school who can't wear a mask.

Therefore, he must keep a safe distance, keep the mask and follow the instructions of the teachers.

Consider providing your child with a little bag (e.g. a labelled resealable bag) to take to school to store the mask when he or she eats; make sure he or she knows not to put the mask on any surface or get it dirty.

If you have a small child, prepare him or her for the school to look different.

E.g. desks apart, teachers keeping physical distance, possibility to stay in class at lunchtime.



Talk to your child

After returning from school, find out how things are going and how he/she is interacting with classmates and teachers. Find out how your child is feeling and if he or she is feeling disoriented by the news. Help him or her to deal with any discomfort; if he or she reports inappropriate behaviour from other pupils, talk to the teachers and the Headmaster immediately.

Attend school meetings, even if at a distance

Being informed and connected can reduce your feelings of anxiety and offer you a way to express and rationalize any concerns you may have.

Additional tips for families of pupils with disabilities

Health problems related to contagion

- Check with your child's neuropsychiatrist and treating physicians if your child's condition (e.g. ease of infection, problems with medications, behavioural problems, etc.) is particularly complex compared to the covid-19 risk, so that specific solutions are needed.
If necessary, ask for a reasonable solution.
- If your child presents particular complexities in the event that he or she needs help at school, have his or her caregivers draw up instructions that must be communicated both to the school and to 118, so that everyone knows how to intervene, avoiding even more serious consequences.



<ul style="list-style-type: none">· If your child has problems with lowering his or her immune system or health problems that do not allow him or her to stay in school when there is an increased risk of contagion, have the doctors in charge of the child's health certify it, present it to the school and ask them to prepare integrated digital teaching and home education courses, to be activated if necessary, without further loss of time for the organization.
Hygienic behaviors
<ul style="list-style-type: none">· Always provide your child with supplies of paper tissues in the backpack and teach him/her to throw them away after each use; also provide disinfectant wipes and teach how to use them.
<ul style="list-style-type: none">· Teach your child to never drink from taps; provide personalized water bottles so that he is sure to always recognize them.· Remind him not to borrow things from others and not to lend their own, not out of selfishness but out of security.
<ul style="list-style-type: none">· Teach him/her not to touch his face with his hands without disinfecting them first, when he is in a public place.
Use of personal protective equipment
<ul style="list-style-type: none">· If your child cannot use masks or transparent visors prepare him for the fact that the people around him will use them: teachers and educators. School staff must be protected from contagion like any worker.
<ul style="list-style-type: none">· Make sure that all safety information, provisions and organizational rules (for example those for the use of laboratories and workshops) are understandable to him and are learned by him.

Il Dirigente Scolastico

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